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We are pleased to offer you the opportunity to once again come into our office for sessions! Please read the following and then let us know if you'd like to resume in-person sessions after June 10th OR continue with telehealth. If you'd like to continue with telehealth, you'll need to check with your insurance company to ensure that they will continue to pay for that service.

We are doing everything we can to keep our space safe for you. Please review the following *COVID-19 Office Precautions and Procedures* prior to your session. Additionally, please review the attached *Informed Consent for in-person services during COVID-19 Public Health Crisis* and bring the signed copy to your appointment.

Once you've reviewed these documents, please talk with your therapist about, ask any questions, let her know how you'd like to proceed and to adjust scheduling. We will have staggered appointment times so few people are coming and going at the same time.

COVID-19 Office Precautions and Procedures

- * Please stay home if you are at all sick or have a fever of 100.4 or higher. You will not be charged for late cancellation. Just call, text, or email your therapist. Telehealth may be an option.
- * Bathrooms will be closed except in the case of emergencies. Please notify your therapist if you had to use that bathroom so that she can disinfect it following use.
- * Please wait in your car until the time of your appointment. Our waiting area is currently closed. Just call/text your therapist when you arrive and she will let you know when to come in directly to her office.
- * Please bring your own water bottle or drink with you into the office, as we no longer have water and drinks available.
- * Please wear face coverings as you enter and leave the building. You and your therapist can decide if you'd like to wear them in the office or not.
- * Please practice social distancing while in the office. Therapists will ensure that seating is at least 6 feet apart.
- * Before heading to your therapist's office, please use the alcohol-based hand sanitizer when you come in the door on the left.

Thank you for your attention to helping us keep everyone as safe and healthy as possible!